

✓ checklist

TRAVEL
WITH
DAYVEE

TO PREPARE FOR TRAVEL EMERGENCIES

☐ Research Your Destination

- Familiarize yourself with local customs, laws, and culture.
- Check for any travel advisories or warnings issued by your government.

☐ Travel Insurance

- Purchase comprehensive travel insurance that covers medical emergencies, trip cancellations, lost luggage, and other unforeseen events.
- Ensure it covers activities you plan to do, like skiing or scuba diving.

☐ Emergency Contacts

- Have a list of emergency contacts, including the local embassy or consulate, local emergency services, and contacts back home.
- Share your itinerary with a trusted person at home.

☐ Health Precautions

- Visit a travel clinic or your doctor to get necessary vaccinations and medications.
- Carry a basic first-aid kit with essentials like band-aids, antiseptic wipes, pain relievers, and any prescription medications.
- Know the location of the nearest hospital or clinic at your destination.



stay calm

☐ Backup Important Documents

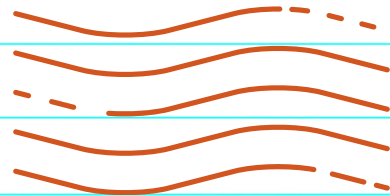
- Make photocopies of your passport, visa, travel insurance, and other essential documents.
- Store them separately from the originals and consider having digital copies stored securely online.

☐ Local Language

- Learn basic phrases in the local language, especially emergency-related ones like "help," "hospital," or "police."
- Carry a translation app or phrasebook.

☐ Stay Informed

- Sign up for alerts from your government's travel advisory service, like the STEP program from the U.S. Department of State.
- Stay updated on local news and events.



be prepared

☐ Emergency Funds

- Have access to emergency funds, either in the form of cash, credit cards, or traveler's checks.
- Consider carrying a hidden money belt.

☐ Stay Connected

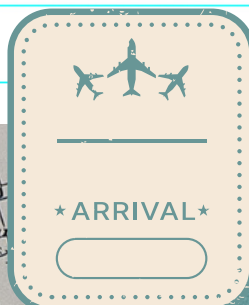
- Have a working cell phone with a local SIM card or an international roaming plan.
- Carry a portable charger or power bank.

☐ Know Local Emergency Numbers

- Familiarize yourself with local emergency numbers, such as 911 in the U.S. or 112 in many European countries.

☐ Pack Smart

- Pack a flashlight, multi-tool, and any other emergency gear relevant to your destination.
- Consider packing non-perishable snacks and a water bottle.



stay safe



☐ Stay Aware

- Always be aware of your surroundings and avoid risky areas, especially at night.
- Trust your instincts. If something feels off, remove yourself from the situation.

☐ Accommodation Safety

- Choose reputable accommodations.
- Familiarize yourself with emergency exits and evacuation routes.

☐ Transportation Safety

- Use reputable transportation providers.
- Avoid hitchhiking or using unofficial taxis.

☐ Natural Disasters

- If traveling to an area prone to natural disasters (e.g., hurricanes, earthquakes), familiarize yourself with local emergency procedures.

